

## **Participant Enrollment Form**

*Celebrating Families!* offers a 16 week skill building educational program for children ages 3 -18 and their parents and caregivers.

### **Goal:**

To help children and families to be healthy, responsible and addiction free.

### **Objectives:**

1. To break the cycle of addiction in families
2. To decrease participants' use of alcohol and other drugs by increasing their knowledge and use of healthy living skills
3. To work with Family Treatment Drug Courts and other agencies that serve children and families impacted by addiction to alcohol and other drugs.

The curriculum incorporates addiction/recovery concepts with healthy family living skills. Each session is fully-scripted with age-appropriate exercises, handouts, and activity sheets. *Celebrating Families!* teaches valuable life skills.

### **Sessions:**

|   |   |
|---|---|
| Session 1: Orientation and Getting Started                  | Session 9: Chemical Dependency Affects the Whole Family |
| Session 2: Healthy Living                                   | Session 10: Goal Setting                                |
| Session 3: Nutrition  | Session 11: Making Healthy Choices                      |
| Session 4: Communication                                    | Session 12: Healthy Boundaries                          |
| Session 5: Feelings and-Defenses                            | Session 13: Healthy Friendships and Relationships       |
| Session 6: Anger Management                                 | Session 14: How We Learn?                               |
| Session 7: Facts about Alcohol, Tobacco, and Other<br>Drugs | Session 15: Our Uniqueness                              |
| Session 8: Chemical Dependency is a Disease                 | Session 16: Celebration                                 |

*Celebrating Families!* leaders are family advocates. We take our responsibility seriously and make every effort to create a safe and consistent environment for children and families. Anyone arriving under the influence of alcohol or other drugs will be asked to leave, including Session 16, the Celebration. Children will not be released to drivers who are under the influence. We will contact the emergency number on the children's intake form for an alternative driver. Every effort will be made to get children a safe ride home. It is important for all parents to be aware of this policy. We ask for your active support.

For more information regarding the curriculum, please contact \_\_\_\_\_  
at \_\_\_\_\_.

I, \_\_\_\_\_ acknowledge the undersigned's enrollment in  
*Celebrating Families!* program.

\_\_\_\_\_  
Participant Name(s)

Signature \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
Agency Representative

\_\_\_\_\_  
Date